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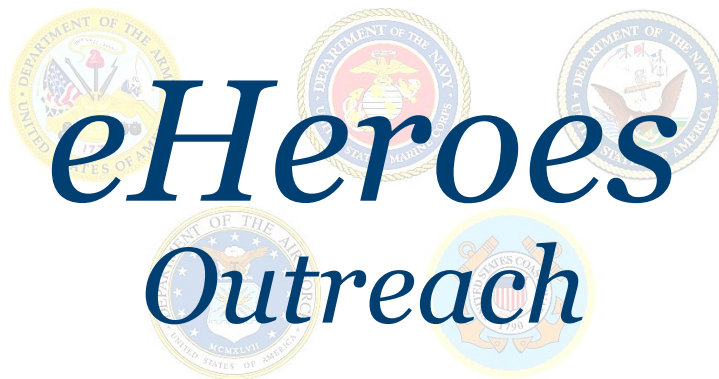


**Director**

**Timothy J. Cooke**



[Click here for directions  
www.martinsburg.va.gov](http://www.martinsburg.va.gov)



## About us

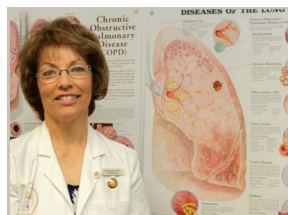
Since 1944, the Martinsburg VA Medical Center has been improving the health of the men and women who have so proudly served our nation. We consider it our privilege to serve your health care needs in any way we can. Services are available to more than 126,000 Veterans living in 22 counties in Western Maryland, West Virginia, South Central Pennsylvania and Northwest Virginia. Our mission is to honor America's Veterans as heroes by providing the highest quality health care.

**October 2015**



## Meet Your Team

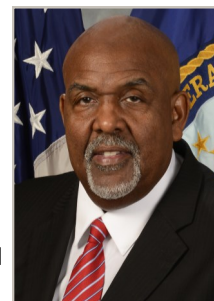
### Joann Ashworth, Nurse Practitioner, FNP-BC



Meet Joann Ashworth, is a Nurse Practitioner at the Martinsburg VA Medical Center (VAMC). She currently holds multiple clinical assignments in medical specialty clinics, such as Pulmonary, Nephrology and currently as the acting transplant coordinator. Ashworth grew up in Licking County, Ohio. She began working at the Martinsburg VAMC in 2004. In 2008, she joined the pulmonary department providing care in the pulmonary COPD clinic. Ashworth holds a Master's of Science in Nursing from West Virginia University in 2011. "I have a 'nurses' heart—helping people, relieving suffering where I can is the reward of this work. When Veterans return for follow up care, and they are improved, the quality of life is better; that is the true job satisfaction, which makes all the daily effort worthwhile," said Ashworth. "Our Veterans served and took an oath to protect us and this great country; it is my privilege to care for them with dedication and excellence."

### T. Joseph Hardy, Chief of Chaplain Services

Meet Chaplain T. Joseph Hardy, the chief of chaplain services at the Martinsburg VA Medical Center (VAMC). Hardy grew up in Baltimore, Maryland and has been with the medical center since June 1, 2015. He received his Ph.D. of Divinity (Honoris Causa) from the International Theological Seminar in California in 2005 and his masters of divinity from Andrews University, Michigan. Hardy served as a staff chaplain at the Battle Creek VA Medical Center in Michigan for 20 yrs. Hardy served in the U.S. Army Chaplain Corps for five years and deployed in support of Operation Desert Shield/Storm. Hardy said, "I find it a privilege and a blessing in serving God and country providing spiritual support to our nations' finest our "Veterans"; those men and women who made it possible for our nations' Freedom."



## Our Clinic Locations

[Cumberland, Md.](#)  
[Fort Detrick, Md.](#)  
[Hagerstown, Md.](#)  
[Harrisonburg, Va.](#)  
[Stephens City, Va.](#)  
[Franklin, W.Va.](#)  
[Petersburg, W.Va.](#)

### Flu Shot Drive Thru Clinic for Veterans

Monday through Friday  
from 8:30 a.m. to 3:30 p.m.



Extended hours  
Wednesdays until 6 p.m.  
Veterans must present a  
valid VA ID card

### Veterans Day Events

Saturday, November 7  
8 a.m. to 3:30 p.m.



#### Scheduled Events:

- 5K/1K run, walk and roll beginning at 8:30 a.m.
- Formal ceremony at 11 a.m.
- Patriots4Patriots football scrimmage at 3 p.m.

## Martinsburg VAMC Creative Arts Winners Recognized



The Martinsburg VA Medical Center (VAMC) recognized the local winners of the National Creative Arts Festival in an award ceremony at the medical center on October 7. The following Veterans were recognized for their artistic accomplishments: Charles E. Marshall, 1st Place for Knot Tying; Walter Tomlin Sr. for Dance Novelty, 2nd Place, and Jeffrey McGeehan for Instrumental Classical, 3rd Place. Marshall was invited to attend the National Veterans Creative Arts Festival this year in Durham, North Carolina, from October 12-18, based on his 1st place accomplishment. Timothy J. Cooke, director for the Martinsburg VAMC noted during the award ceremony that a lot of people participated, but these three were the best of the best "What you have done is personally touching," said Cooke. "You are sharing a lot about yourself in your performance, your writing and art work, and it never goes unnoticed by those around you." To read more, please click [here](#).

## October is Breast Cancer Awareness Month

On October 8, the Martinsburg VA Medical Center employees and volunteers wore pink and formed a pink ribbon to recognize Breast Cancer Awareness month. According to the National Cancer Institute, women in the United States get breast cancer more than any other type of cancer except skin cancer. The number of new cases of breast cancer has stayed about the same since 2003. Breast cancer is second to lung cancer as a cause of cancer death in American women. However, deaths from breast cancer have decreased a little bit every year for the past several years. Localized breast cancer has a 99% survival rate if detected early, and VA leads the nation's health care systems in providing mammograms to those who need them. About 1 in 8 U.S. women will develop invasive breast cancer over the course of her lifetime. Breast cancer also occurs in men, although it is rare, more than 2,000 will be diagnosed with breast cancer this year. To learn more, please click [here](#). To view the Martinsburg VAMC 2015 Pink Ribbon video click [here](#).



## Upcoming Events!

Please see below for a list of upcoming events at the medical center and surrounding community based outpatient clinics (CBOCs). Stay tuned to our [Facebook page](#) for more information regarding these great events.

Sun., Oct. 25 to Sun., Oct. 31 - Pastoral Care Week

Fri., Oct. 30 from noon to 1 p.m. - Free Legal Clinic

Sat., Nov. 7 from 8:30 a.m. to 3:30 p.m. - Veterans Day Celebration

Thur., Nov. 19 from 10:45 to noon - Great American "Cold Turkey Trot" Smokeout

Thur., Dec. 3 from 2 to 3 p.m. - Remembrance Ceremony



**VA**  
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**EXCELLENCE**  
in the 21st Century